

# Douglas County **JUSTICE CENTER**



## **Behavioral Health Initiative (BHI) & Future Opportunity**



### **Problem Defined:**

A large proportion of youth residing at the Douglas County Youth Center have serious and unmet mental and behavioral health needs that require a coordinated continuum of care to fully meet the needs of youth and their families.

### **Mission of BHI:**

Youth who are appropriately detained at the Douglas County Youth Center are screened, assessed, and connected to suitable services to reduce recidivism and re-entry into detention.

### **Multi-Disciplinary Team**

BHI utilizes a multi-disciplinary team that meets weekly comprised of the following collaborative experts:

- Charles Drew Health Center, Inc., Navigator/LIMHP designee
- CHI Psychiatrists/Child & Adolescent Fellows
- DCYC Education Designee(s)
- DCYC Health Designee
- DCYC Transition Designee
- Douglas County Public Defender designee
- Heartland Family Service, Crisis Response designee
- MDT Facilitator
- NDHHS-CPS/St. Francis Case Manager
- Nebraska Judicial Branch - Juvenile Services Division
- UNMC/Nebraska Medicine, Department of Psychiatry Designee(s): addiction medicine, child & adolescent psychiatry, child psychology

### **Criteria Considered for MDT Review of Any Youth**

- Youth that have been court ordered to obtain any type of mental or behavioral or substance abuse evaluation and/or assessment
- Youth who have been identified as having acuity concerns and needing further investigation by the MDT which includes both current youth and youth admitted into DCYC within past 7 days
- Youth who have been court-ordered for discharge from DCYC
- Youth who are currently on medication for psychiatric diagnoses
- Youth who have been at DCYC for more than thirty days





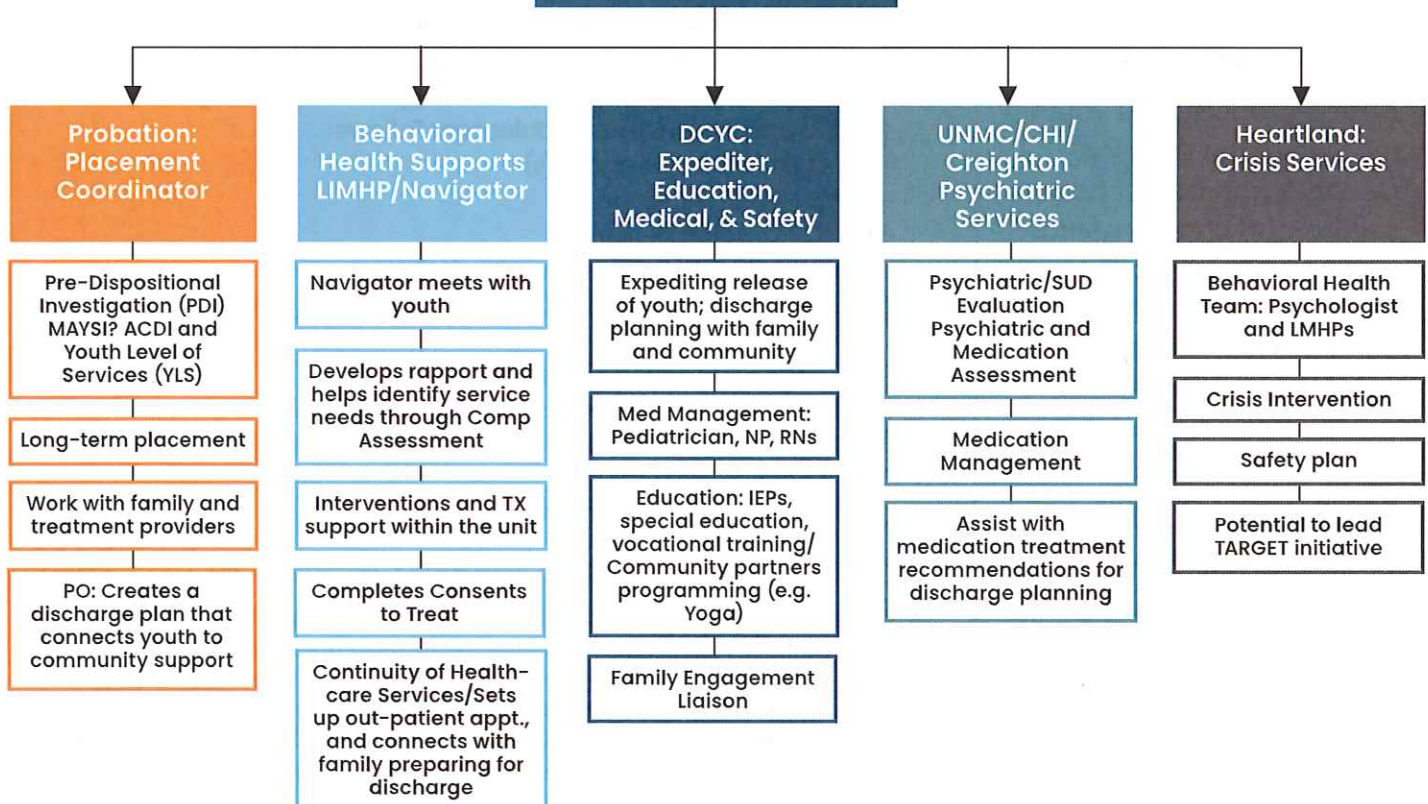
## System-Level Outcomes

- Streamlined processes
- Improved information sharing
- Increased satisfaction with partnerships
- Increased efficiency
- Improved perceptions of the system

## Youth-Level Outcomes

- Right treatment, right time
- Engagement in treatment
- Reduced MH Symptoms
- Improved youth experience in detention
- Timely Release from detention
- Increased support/community connection
- Reduced recidivism

### Multi-Disciplinary Team roles and responsibilities





# Douglas County Justice Center

## PROGRAMS & SERVICES



### I. PREVENTION & EARLY INTERVENTION

#### CURRENT PROGRAMS

- A. Community Based Grant Funding
- B. Douglas County Community Plan
- C. Juvenile Assessment Center
- D. Missing Youth Initiative
- E. Restorative Justice Programs

#### NEW INITIATIVES/PROGRAMS

- A. Family Resource Center Network
- B. Alternatives to High School Completion with Metro Community College
- C. Job Training Programs
- D. Gun and Violence Prevention and Early Intervention Programs

### II. INTERVENTIONS FOR SYSTEM-INVOLVED YOUTH

#### CURRENT PROGRAMS

- A. Juvenile Detention Alternative Initiative
- B. Cross-Over Youth Initiative (Youth Impact!)
- C. HOME Program
- D. Douglas County Expeditor

#### NEW INITIATIVES/PROGRAMS

- A. Stability Services for HOME Program
- B. Standardized Screening/Assessment Tools - MAYSI-2
- C. Youth Charged in Adult Criminal System
- D. Gun Violence Intervention Program - OJJDP Federal Grant

### III. DOUGLAS COUNTY YOUTH CENTER (DCYC)

#### CURRENT PROGRAMS

- A. Behavioral Health Initiative
- B. Crisis Response Team
- C. Family Liaison
- D. Education Programs
- E. Family Programs
- F. Social/Emotional Programs

#### NEW INITIATIVES/PROGRAMS

- A. OJJDP Room Confinement Grant
- B. Validated Screening Tool
- C. Hiring of a psychologist for DCYC

### IV. SYSTEMIC INITIATIVES

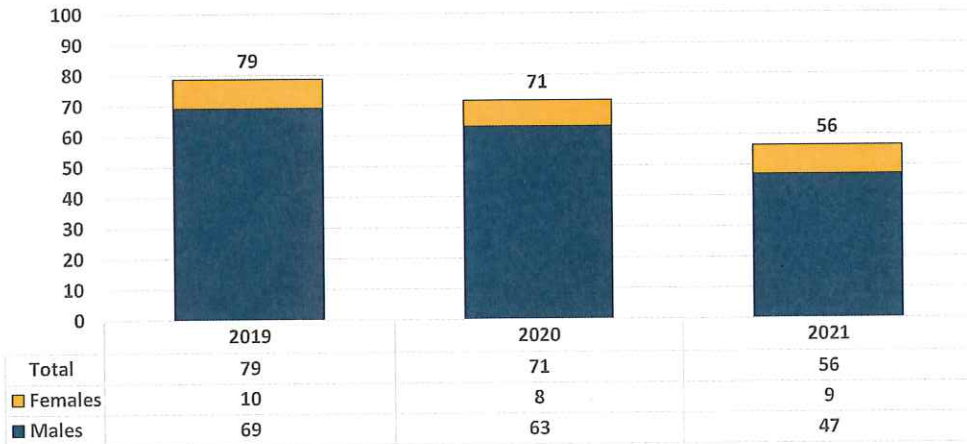
#### CURRENT PROGRAMS

- A. OJJDP Title II – Racial and Ethnic Disparity Grant
- B. Shelter and Assessment Placement
- C. Nebraska Youth Justice Initiative
- D. Cultural Inclusivity Training

## DCYC Average Daily Population (ADP) Annual ADP, 2019 – 2021

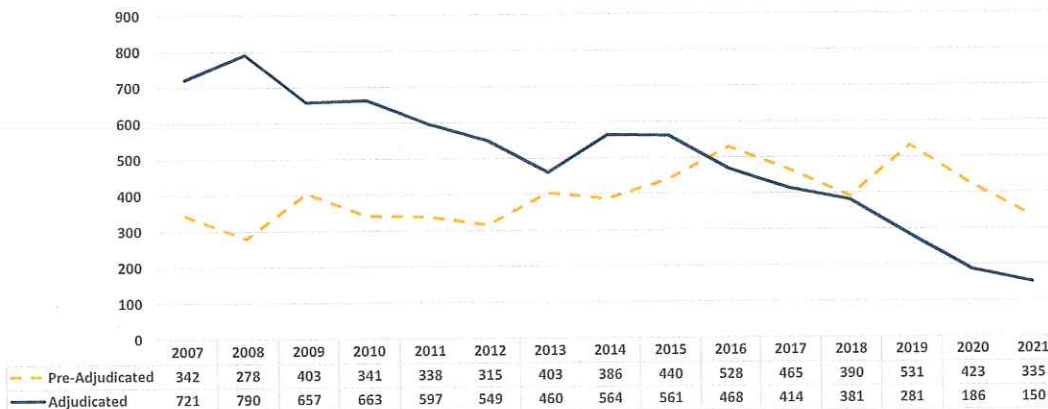


Counts include an average of 3 youth per month detained for other counties or law enforcement agencies.



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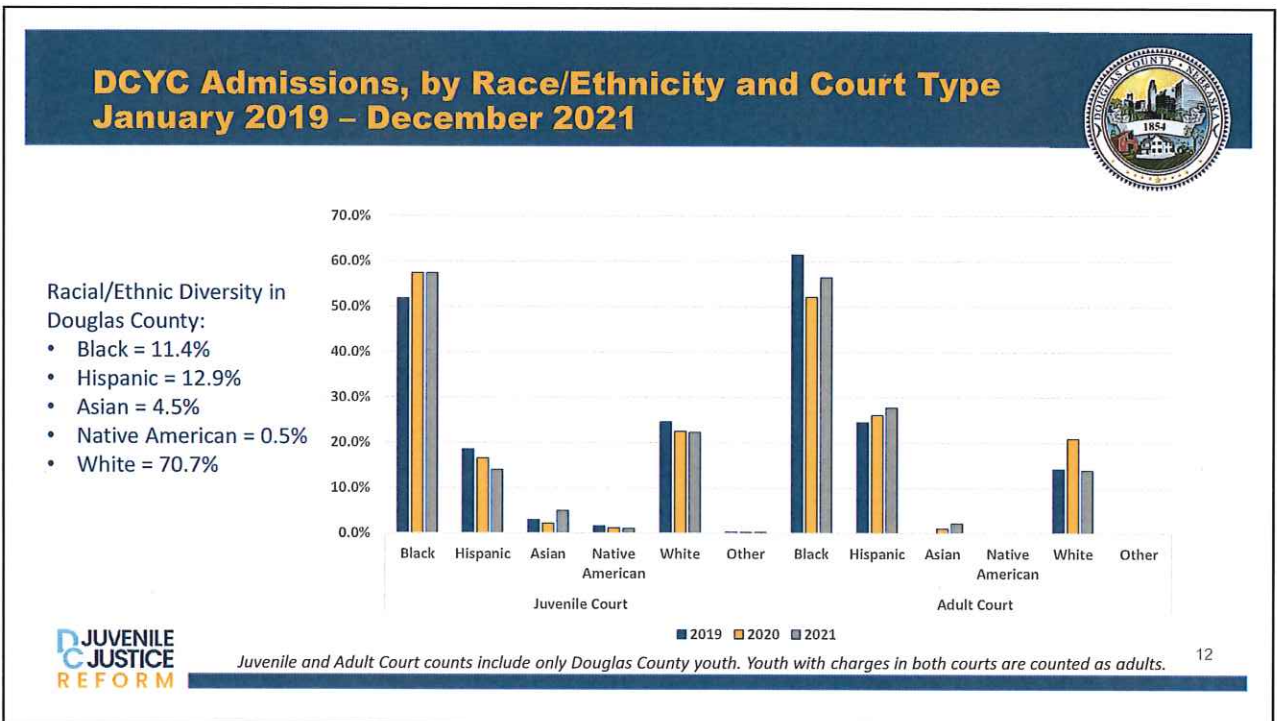
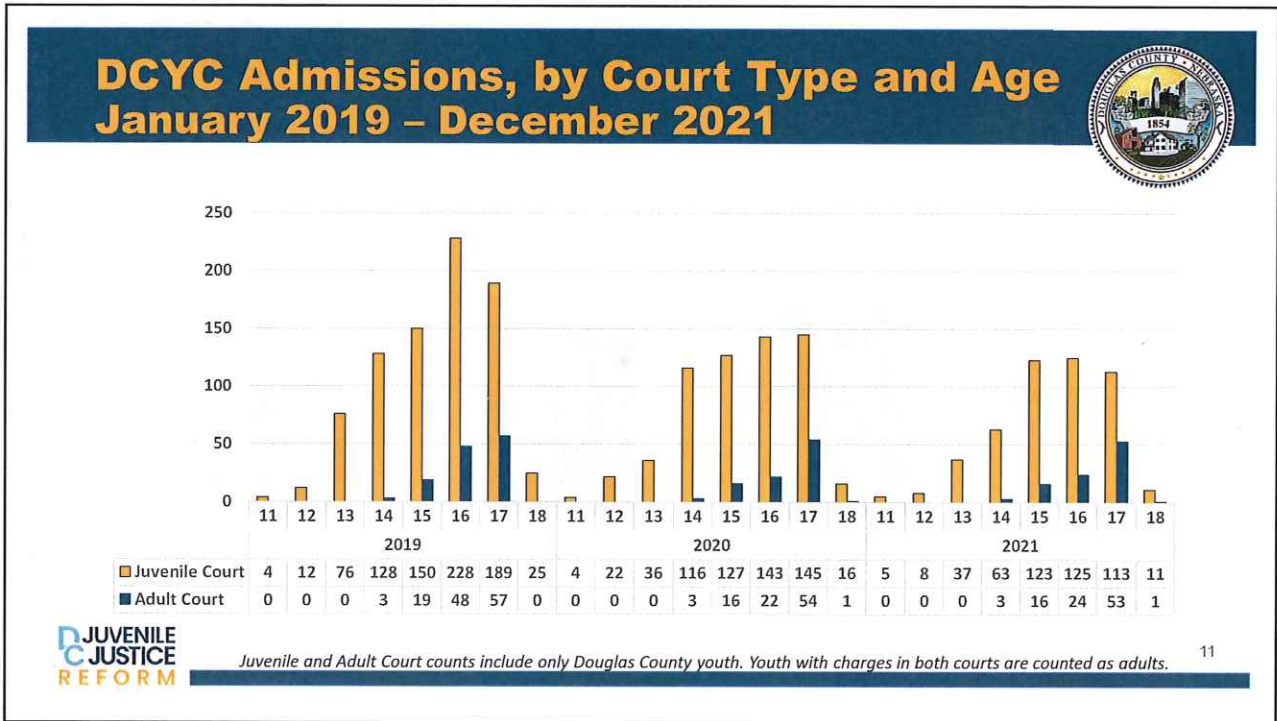
## Juvenile Admissions, by Case Status January 2007 – December 2021



Juvenile and Adult Court counts include only Douglas County youth. Youth with charges in both courts are counted as adults.  
Juvenile court youth with multiple case statuses are counted as adjudicated, given they are already under probation supervision.

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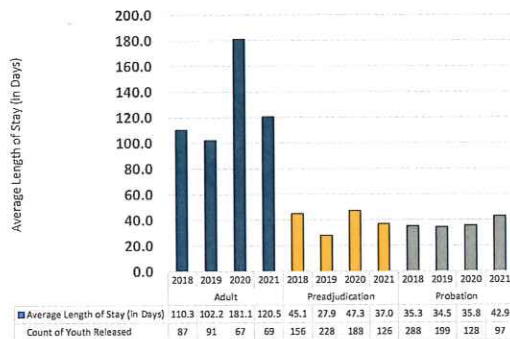




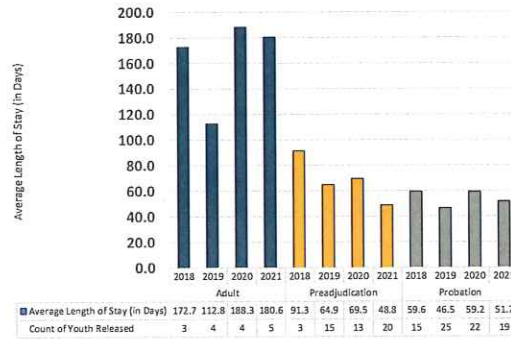
## Average Length of Stay for State Wards January 2018 – December 2021



### Non-State Ward Youth



### State Wards



Juvenile and Adult Court counts include only Douglas County youth. Youth with charges in both courts are counted as adults. Juvenile court youth with multiple case statuses are counted as adjudicated, given they are already under probation supervision.

## Grants/Programs



### • OJJDP Title II – Racial/Ethnic Disparity Grants

- 2018 Title II Grant:
  - Final Year of a three year grant to implement Stability Services for use with pre-adjudicated youth and the HOME program.
- 2020/21 Title II Grant:
  - Three-year \$980,000 grant to be used for programs/services to directly impact racial/ethnic disparities in our community.
  - All funding for community providers through a request for proposal process by the County. Process to begin in the next 90 days once approval from OJJDP.



## Grants/Programs



- **BJA 2021 Justice and Mental Health Collaborative Grant**
  - Three year \$420,000 grant through the use of technology to increase the treatment capacity within DCYC by:
    - Hiring a full-time licensed mental health professional
    - Support Positive Youth Development through comprehensive life skills training services
    - Incorporate virtual reality in the therapeutic realm as an enhancement to traditional therapy and de-escalation techniques.

## Grants/Programs



- **OJJDP 2021 Comprehensive Youth Violence Prevention & Reduction Program**
  - Three year \$905,000 grant to develop programs for youth gang and gun violence intervention services
  - Partnering with a community provider increasing community services through credible messengers working directly with youth in the community and in DCYC
  - Partnering with a community provider to implement early intervention services for high risk middle school youth
  - Implementation of the evidence-based Phoenix Curriculum in the community and DCYC



## Grants/Programs



### • OJJDP 2020 Reducing the Use of Isolation in Youth Detention Facilities

- Three year grant for DCYC reduce isolation by:
  - Developing and implement policies and practices regarding the use of isolation including the collection and analysis of relevant data
  - Training for all staff at DCYC on Motivational Interviewing and T.A.R.G.E.T. as behavioral management programs
  - External evaluation and sustainability planning through continuous quality improvement processes

## Grants/Programs



### • DCYC Behavioral Health Initiative

- Two year funding to continue the weekly MDT meetings with UNMC, CHI, CDHC, Probation, HHS and DCYC around three key needs of youth:
  - All newly admitted youth to DCYC
  - Youth with high mental/behavioral health needs
  - Youth with court-ordered evaluations

### • Nebraska 2022/23 Community-Based Grant

- Over \$1.3 Million in funds to 13 community providers for early intervention services to decrease juvenile court involvement with all providers located in our highest needs areas of our community.

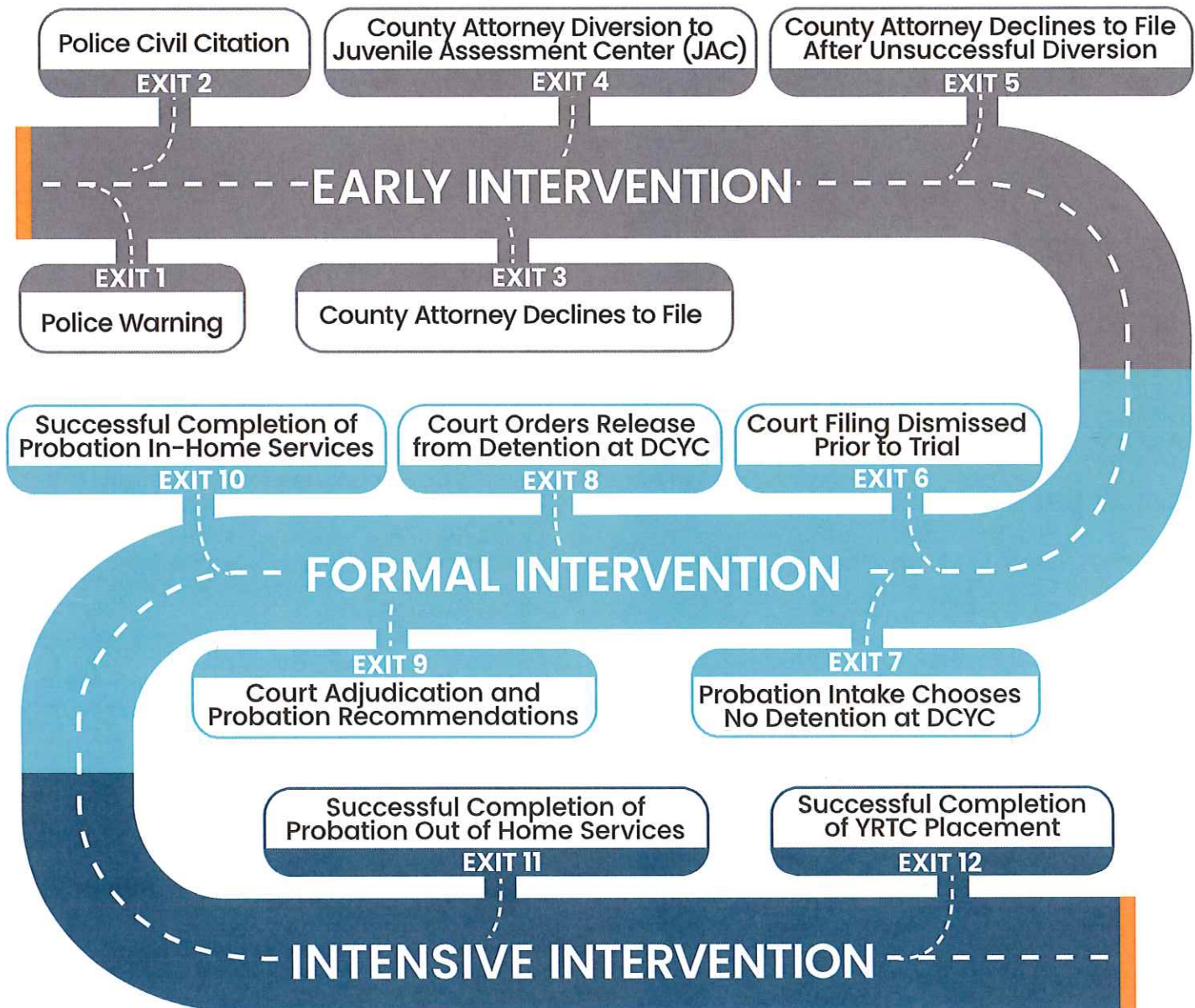


# Douglas County JUSTICE CENTER



## Pathway to Success

How youth can successfully exit the juvenile justice system after law enforcement contact.



● Early Intervention ● Formal Intervention ● Intensive Intervention

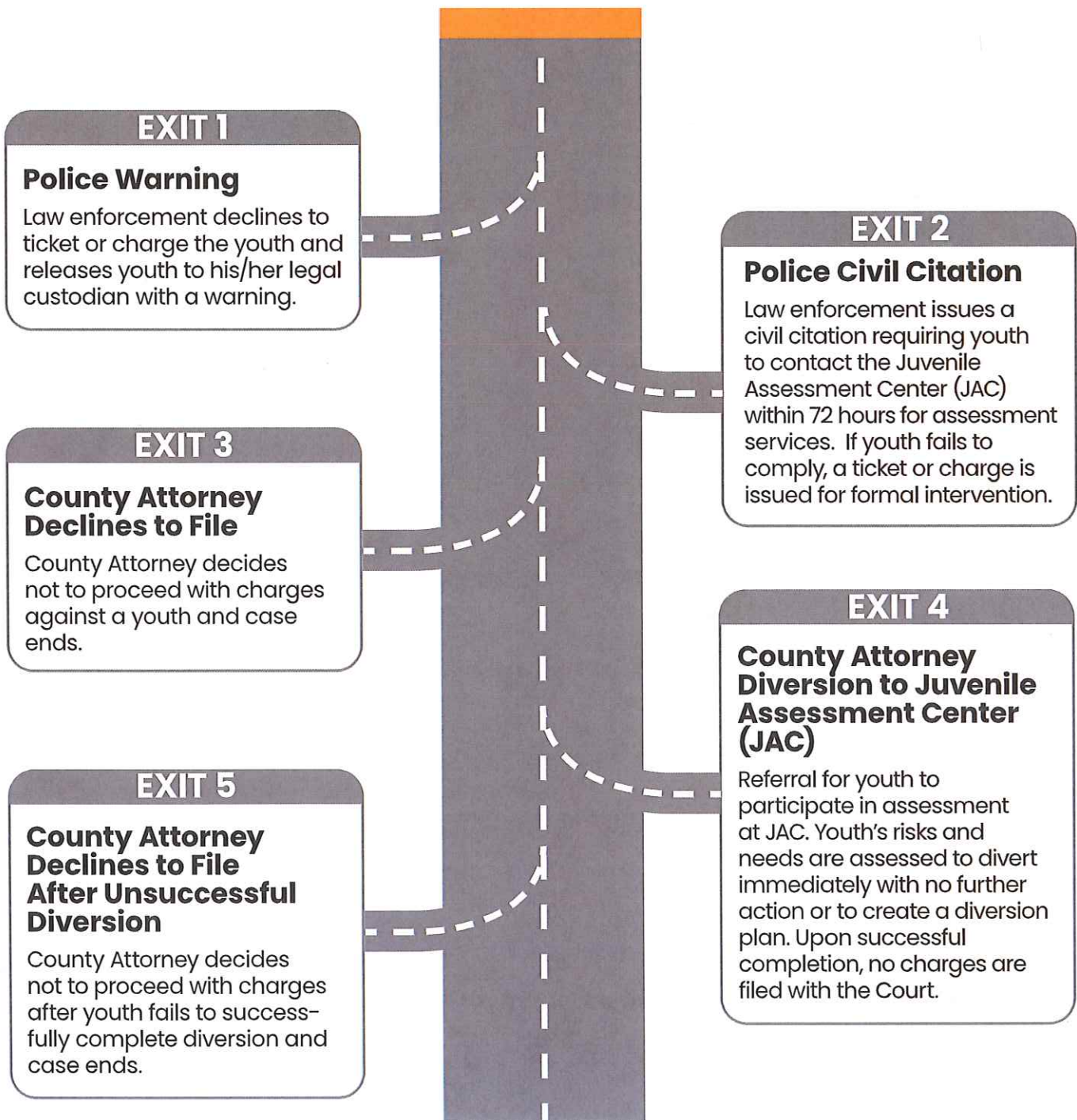
*\*If youth is unsuccessful at any of the exits, the youth re-enters the path.*



# Douglas County **JUSTICE CENTER**



## *Pathway to Success* **EARLY INTERVENTION**

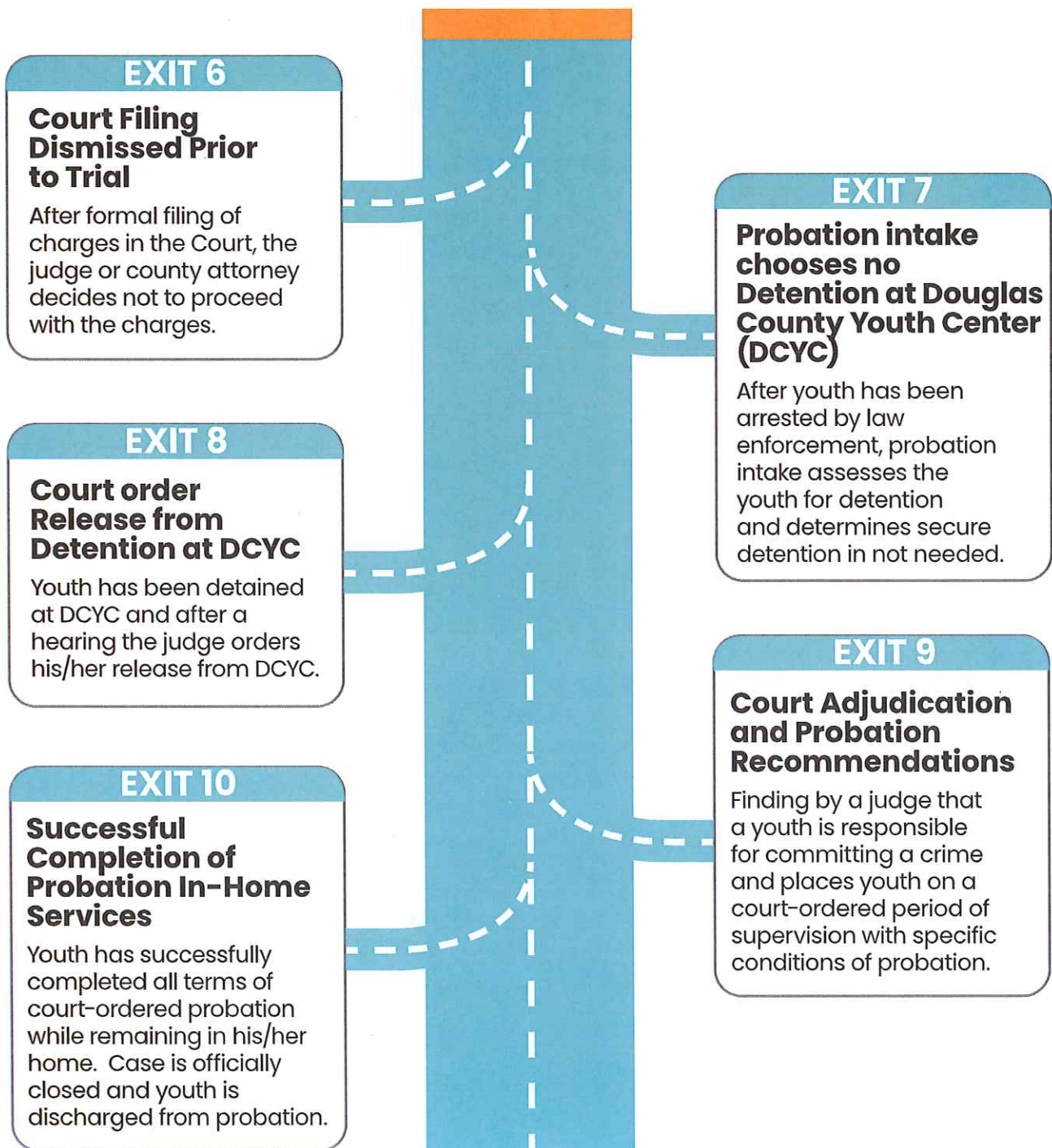




# Douglas County **JUSTICE CENTER**



## *Pathway to Success* **FORMAL INTERVENTION**



# Douglas County **JUSTICE CENTER**



## *Pathway to Success* **INTENSIVE INTERVENTION**

### **EXIT 11**

#### **Successful completion of Probation Out-of-Home Services**

Youth has successfully completed the program at a treatment or non-treatment placement. Court can order the youth returned to his/her home remaining on probation or officially close the case and youth is discharged from probation.

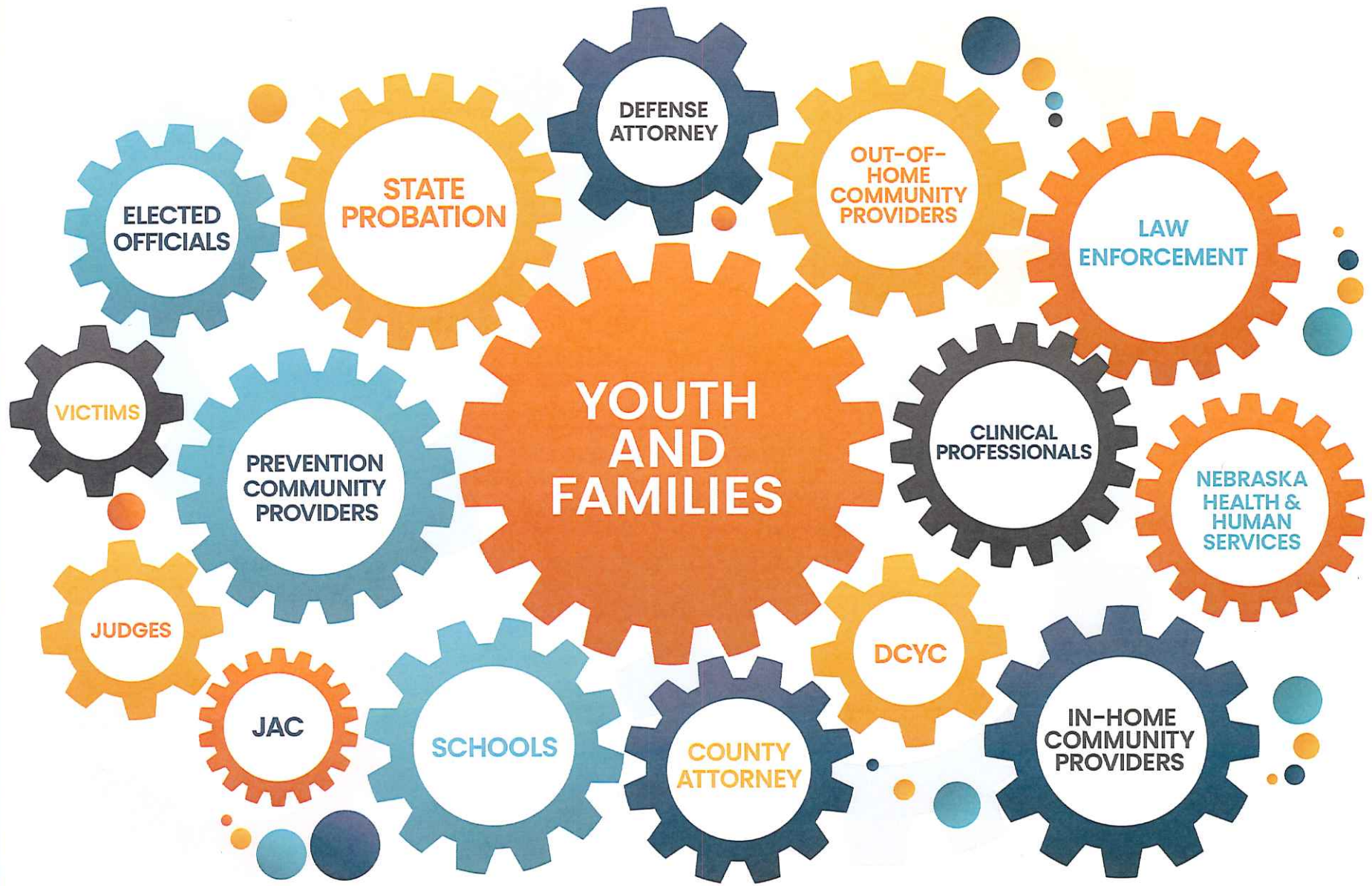
### **EXIT 12**

#### **Successful completion Youth Rehabilitation and Treatment Center (YRTC) Placement**

Commitment to YRTC is the most serious disposition a judge can impose. YRTC is a residential facility to provide long-term treatment, education and rehabilitative services. Upon successful completion, court can order the youth remain on probation either in-home or out-of-home or officially close the case and youth is discharged from probation.



There are many stakeholders involved in juvenile delinquency and they are all striving toward the same goal to help our juvenile population to become better. All of these gears must work together to meet the needs of the youth and family.



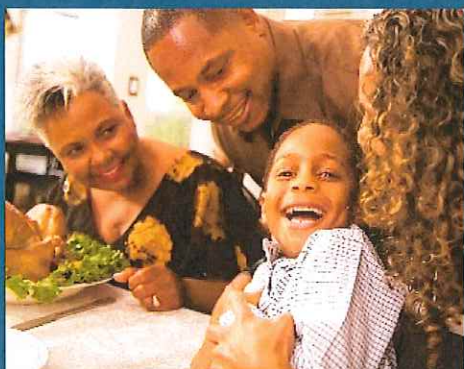




Family Resource Connector Network

# FAMILY PATHWAYS

*Family Pathways provide a guide to outline three primary paths through which families receive services from the BRIDGE Family Resource Centers, each with increasing intensity of service provision.*



## General Services Path

Individuals receive referrals and brief/emergency assistance from the BRIDGE.

Individuals may receive:

- Phone/walk-in information
- Referrals to an agency that can help, e.g., housing assistance, legal aid, medical care, etc.
- Non-cash assistance (food, clothing, diapers)
- Financial emergency assistance (housing, utilities, transportation, medical aid)

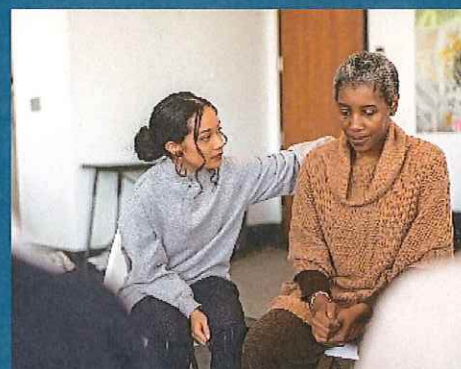


## Center Services Path

Individuals participate in programs and services at a BRIDGE location.

Participants may receive:

- Parenting education programs
- Job or Life skills training
- Tutoring or Education classes
- Youth activities, e.g., sports, music, arts
- Community Cafes
- Mental health counseling



## Family Coaching Path

Families actively work with a coach at the BRIDGE, setting goals and using assessments to track progress toward their goals. Families receive coaching and coordinated care and might participate in other General and Center services as well.

*\*Adapted from Colorado Family Resource Center Association, Denver, CO*

**For more information, contact: Deb Anderson at [dkanderson0905@gmail.com](mailto:dkanderson0905@gmail.com)**





Family Resource Connector Network

## MISSION

**B**uilding  
**R**elationships that  
**I**nspire one another,  
**D**evelop mutual trust,  
**G**uided by family voice & choice, and  
**E**stablish equitable partnerships

## VISION

Partnering with families and community resources, the **BRIDGE** envisions a future in which we leverage the strengths of families and coordinate community partners to support and sustain youth and family well-being.

# THE CORE PILLARS OF BRIDGE



Comprehensive review with families regarding their needs, dreams, and goals.



Walking with families as they navigate systems, programs, and services.



Navigational support to connect families to high quality programs and services.



Family advocacy for systems, programs, and supports that address service or system gaps.

For more information, contact: Deb Anderson at [dkanderson0905@gmail.com](mailto:dkanderson0905@gmail.com)



# WHAT DO FAMILIES NEED?



## BASIC NEEDS

**12%** of residents living below the poverty line.



**14%** of families experiencing food insecurity.



## MENTAL AND BEHAVIORAL HEALTH NEEDS

- Over 40% of families calling the Helpline request mental health support.
- Need for easily accessible and culturally responsive mental health services.



## FAMILY RELATIONSHIPS

- Parent education and support was the #1 referral for families calling the Helpline.
- Need for crisis response, crisis respite care and parent mentor services



## SCHOOL ATTENDANCE

- 21% of Douglas County students missed 15 or more days of school with 75% of these students living in poverty and 25% eligible for special education.
- Need to build community and provider capacity to address the root cause of absenteeism to ensure all youth thrive.



## CONNECTION TO SERVICES

- When asked, over 60% of families need help in identifying their family's needs and over 75% said they need help accessing services.
- Need coordinated access to community services that are responsive, timely and adaptive to the complex needs of families.

\* Davidson, M., Richmond, M., Hanson, S., Matthews, J., & Kay, A. (2021). Douglas County Family Resource Center Project: Environmental Scan. Community Needs & Assets, Barriers, and Potential Solutions. OMNI Institute, Denver, CO.

## GUIDING PRINCIPLES

- **Welcoming** to all families, providing universal access to needed resources and supports
- **Culturally Responsive** and linguistically competent, recognizing the diversity of our community and the need for equitable and inclusive services
- **Strengths-Based**, supporting the positive factors inherent in each individual and all families
- **Family-Driven**, understanding that families can and should determine the services and supports they need
- **Mutually Respectful**, supporting collaboration between and among families and community partners, acknowledging that all have important knowledge and expertise
- **Coordinated Access** to the rich array of resources, services, and supports in the community, so families are aware of all that is available
- **Innovative**, knowing that needs change over time, and programs and supports need to be added, adjusted, or changed to meet those needs.